Patients screened

Run-in period (1 week)

Excluded patients

Randomization (428 patients estimated)

Affected meridian acupuncture group (n=107)

Non-affected meridian acupuncture group (n=107)

Sham acupuncture group (n=107)

Waiting list group (n=107)

Treatment period (6 weeks)

Follow-up period (6 weeks)

Outcome measure In run-in period

Outcome measure In 3 weeks

Outcome measure In 6 weeks

Outcome measure In 9 weeks

Outcome measure In 12 weeks