722 patients being with KOA from 38 CHC and giving informed consent to participate in the study (CHC, community health center; KOA, knee osteoarthritis)

Diagnosis criteria
Inclusion criteria
Exclusion criteria

Baseline measurements

Health education

Comprehensive traditional Chinese medicine rehabilitation group

Conventional rehabilitation group

Chinese medical herb fumigation washing, Traditional exercises, Tuina, Acupuncture

Te Ding Dian Ci Pu (TDP) intervention, Kinesitherapy

4 weeks intervention and 12 weeks follow-up

Outcome assessment after intervention and after 6- and 12-week in follow-up periods

Safety assessments and economic evaluation

Statistical analysis