**Initial Recruitment of Potentially Eligible FC Patients**
Assessed for eligibility (n=?)

1st Screening Inclusion Criteria
- a. either gender aged 18 to 65 years
- b. have FC diagnosed as Rome III criteria
- c. complete spontaneous bowel movement (CSBM) \( \leq \) 2 times/wk;
- d. severity of constipation \( \geq \) 3pts (7 pts scale from 0 to 6pts) and the overall scoring of constipation-related symptoms \( \geq \) 6pts (6 items in 7pts scale) for self-symptom assessment in the run-in period
- e. normal colonic evaluation (colonoscopy or barium enema) within 12 months
- f. normal liver and renal function in blood test within 3 months

1st Screening Exclusion Criteria
- a. drug-induced constipation
- b. secondary causes of constipation (i.e. medical history of diabetes mellitus and thyroid disease)
- c. abdominal surgery (i.e. Caesarean operation)
- d. severe diseases (i.e. cancer and acute present asthma);
- e. allergy to CHM (i.e. G6PD deficiency), senna and tartrazine
- f. pregnancy or breast-feeding;
- g. psychiatric or addictive disorders with medications which have side effects of constipation.

CM study team conduct 2nd screening using criteria of CM excessive syndrome

Baseline eligibility screening (Excluded n=?, reasons)

Baseline assessments (stool and symptoms diary and blood test, abdominal X-ray)

Randomization (n=291)

- 97 patients allocated to Active MZRW
  - Placebo Senna x 8 wks
- 97 patients allocated to Placebo MZRW
  - Placebo Senna x 8 wks
- 97 patients allocated to Placebo MZRW
  - Active Senna x 8 wks

Outcome assessments & 8-week post treatment follow up assessments.
  - Analyzed (n=?) Excluded from analysis (reasons) (n=?)