Screening for eligibility
Stable coronary artery disease class ascertained by percutaneous coronary intervention and physically inactive, age 18-75, review of medical records, check for inclusion and exclusion criteria, informed consent.

Baseline assessment
**Primary outcome:** Individual anaerobic threshold as determined by spiroergometry
**Secondary outcome:** Endothelial function, biomarkers of inflammation and oxidative stress, change in self rated physical activity, quality of life, vital exhaustion, fatigue and illness perception, etc.

Randomized allocation to 3 groups with n=30 participants
- **TAU**
  - 1 session advice in exercise training based on the spiroergometry
- **EX**
- **PMT**
  - Psychodynamic psychotherapy in addition to EX with 2 to 8 sessions (maximum dosage 400 minutes)

6 month follow-up (T1)
Assessment of the primary and secondary outcome variables according to T0