Initial approach (N = 250 patient/carer dyads)
Patient and carer introduced to study by clinic staff/KN at initial or routine clinic appointment and provided with information sheet

Recruitment (N = 200)
Patient and carer have opportunity to seek further information at follow-up clinic appointment. Eligibility check list completed and written consent requested

Baseline measures (N = 180)

Randomisation (N = 180)
Block randomisation using random block size, stratified by hospital

Pain education intervention (N = 90)
- Pain assessment
- Causes and characteristics
- Pharmacological and non-pharmacological pain management
- Pain management leaflet
- Two-week follow-up by phone

Usual care (N = 90)

Outcomes at 8 weeks (N = 152 assuming 15% attrition in each arm)
BPI, PPQ, FPQ, PCRS, APCA-APOS

Usual care participants receive pain education intervention after outcomes (wait-list controls n = 76 assuming 15% attrition)