Assessed for eligibility (N=..)

Excluded (N=..)
  - Not meeting inclusion criteria (N=..)
  - Participation refused (N=..)
  - Other reasons (N=..)

Randomized (N=60)

Allocated to “active” light therapy (N=..)
  - Received allocated intervention (N=..)
  - Did not receive allocated intervention (give reasons) (N=..)

  - Lost to follow-up (N=..)
  - Discontinued intervention (N=..)

    - Analyzed (N=..)
    - Excluded from analysis (N=..)

Allocated to “inactive” light therapy (N=..)
  - Received allocated intervention (N=..)
  - Did not receive allocated intervention (give reasons) (N=..)

  - Lost to follow-up (N=..)
  - Discontinued intervention (N=..)

    - Analyzed (N=..)
    - Excluded from analysis (N=..)