T1: First initial assessment session: information of the characteristics of the study, informed consent, BDI-II, HAMD, SCID-I interview, exclusion criteria verification

Is the patient eligible?

Yes

T1: Second initial assessment session: CORE-OM and RGT

At least one cognitive conflict

Yes

Inclusion in the study

Meeting with therapists, arranging for the first Cognitive-Behavioral Therapy group session, CORE-SBF for routine evaluation and suicide risk

7 group sessions of Cognitive-Behavioral Therapy, CORE-SBF for routine evaluation and suicide risk

Randomization:
communication to patients and therapists

8 individual sessions of Cognitive-Behavioral Therapy, CORE-SBF for routine evaluation and suicide risk

8 individual sessions of Dilemma-Focused Therapy, CORE-SBF for routine evaluation and suicide risk

T2: End of therapy assessment (all T1 measures)

Final group CBT session

Qualitative assessment session (complementary study)

T3: follow-up assessment at three months

Individual booster session (4 months)

T4: follow-up assessment, one year after completion of treatment.