Figure 1: Flow diagram of ADAPTA study

Interested in participating?

Qualitative consent only

Follow up questionnaires at:
- 6 months (primary outcome)
- 12 months post randomisation

*Sample interviewed during follow up
  Qualitative re-consent

Total admissions on selected wards

Hospital In-Reach Team identify target population based on alcohol relevant diagnoses (highly probable related to alcohol)

Screening by Hospital In-reach Team

Negative assessment i.e. <16 on AUDIT

No alcohol problems

No further action

Alcohol related admission

Leaflet

Affirmative assessment i.e. ≥16 on AUDIT

Eligible based on other criteria?

No

Normal care

Yes

Interested in participating?

No

Consents to be interviewed in hospital?

Yes

Interview

Willing to be interviewed?

No

Qualitative consent

Yes

Sample interviewed whilst still in hospital and sample to be interviewed after treatment*

Consent to pilot study?

No

Normal care

Yes

Consent to pilot study?

Study consent, Baseline data and Randomisation

Alcohol focused 4 sessions

Healthy Living 4 sessions

*Sample interviewed during follow up

Qualitative re-consent