Potential participants identified by clinical staff, recorded on screening log and provided with patient information leaflet

Consenting to participation in trial.

Collect demographic data and MOCA Cognitive assessment

Not consenting to participation in trial.

Provided with patient information leaflet about retaining details for screening log

Baseline assessment:
- Primary outcome measures: Action Research Arm Test (ARAT) and Wolf Motor Function Test (WMFT)
- Secondary outcome measures: Motor Activity Log (MAL) and Stroke Impact Scale (SIS).

Randomise

Intervention
Task specific reach to grasp training (6 weeks).

Control
Usual care (6 weeks).

7 weeks post-randomisation:
Primary and secondary outcome measures, user views questionnaire of treatment experience.

3 months post-randomisation:
Primary and secondary outcome measures, Health & Social Care Questionnaire (HSCQ) and Caregiver Strain Index (CSI) with carers who consent.

6 months post-randomisation:
Primary and secondary outcome measures, Health & Social Care Questionnaire (HSCQ), user views questionnaire of outcome measures and Caregiver Strain Index (CSI) with carers who consent.