Recruitment mail-out from DVA database

Telephone screening

Baseline assessment

Exclusion based on eligibility criteria

Exclusion based on eligibility criteria

Participants randomized

Control group
- usual podiatry care

Intervention group
- usual podiatry care
- footwear

4 week follow-up of primary outcome measure by postal questionnaire

8 week follow-up of primary outcome measure by postal questionnaire

12 week follow-up of primary outcome measure by postal questionnaire

16 week follow-up of primary and secondary outcome measures by questionnaire and structured clinical assessment