Implementing Maintenance Cognitive Stimulation therapy (CST) in practice: A randomised controlled trial (RCT) of training and monitoring studies.

Figure 3 Flow diagram of Observational study & assessment schedule

1. Sites approached and recruited. People with dementia screened & consent obtained.
2. Baseline Assessment (0/31 (38) weeks) & socio-demographic information
3. Commence CST groups
4. 1st follow up assessment ((7/31) or (14/38) weeks) after once or twice weekly run CST sessions
5. Maintenance CST commences
6. Maintenance CST finishes
7. 2nd follow up assessment 31 weeks following on from CST programme