Implementing Maintenance Cognitive Stimulation therapy (CST) in practice: A randomised controlled trial (RCT) of training and monitoring studies.

**Figure 1 flow diagram of Training & outreach trial and assessment schedule**

- Inclusion criteria for staff met. Screened & consent obtained
- Baseline Assessment (0/12 months) & socio-demographic information
- Cluster randomisation
- Intervention
  - CST training day, CST manual, Maintenance CST manuals & DVD
- Outreach support
  - No outreach support
- 1st follow up assessment (6/12 months)
- 2nd follow up assessment (12/12 months)