<table>
<thead>
<tr>
<th><strong>Your current situation is</strong></th>
<th><strong>Your current treatment for this is</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Gender</td>
<td>Female</td>
</tr>
<tr>
<td>Age</td>
<td>63 years</td>
</tr>
<tr>
<td>Diabetes duration</td>
<td>4 years</td>
</tr>
<tr>
<td>HbA1c (averaged value for your glucose-levels)</td>
<td>69 (6,5%)</td>
</tr>
<tr>
<td>Blood pressure</td>
<td>130/75</td>
</tr>
<tr>
<td>Total cholesterol</td>
<td>7,0</td>
</tr>
<tr>
<td>LDL-cholesterol (the ‘bad’ cholesterol)</td>
<td>5,0</td>
</tr>
<tr>
<td>HDL-cholesterol (the ‘good’ cholesterol)</td>
<td>1,0</td>
</tr>
<tr>
<td>Smoking status</td>
<td>Yes</td>
</tr>
<tr>
<td>BMI (your body weight in relation to your length)</td>
<td>28</td>
</tr>
<tr>
<td></td>
<td>exercise and healthy diet</td>
</tr>
</tbody>
</table>

**Figure 3: Patient’s current situation and treatment status**