Enrolment

- Assessed for eligibility

- Excluded participants:
  - Not meeting inclusion criteria
  - Declined to participate
  - Other reasons

Informed consent obtained from people with dementia and their family carers

- Assessed at baseline

- Randomised

Allocation

- Allocated to Cognitive Behavioural Therapy (n = 25)
- Allocated to Treatment as usual (n = 25)

Follow-up assessment 1 (15 weeks)

Follow-up assessment 2 (6 months)

End of treatment

Follow-up assessment 1 (15 weeks)

Follow-up assessment 2 (6 months)

Follow up

Data analysis/Report