Assessed for eligibility
Pregnant women recorded as smokers at first antenatal visit (n=approximately 8600)

Excluded (n=approximately 7730)

Randomized (n=866)

Allocated to exercise intervention (n=433):
Six weekly sessions of smoking cessation support, 14 supervised exercise sessions over eight weeks, plus nine physical activity consultations over eight weeks.

Allocated to ‘Usual care’ intervention (n=433):
Six weekly sessions of smoking cessation support.

Primary outcome of continuous smoking abstinence assessed at end of pregnancy
Those lost to follow-up (n=approximately 43) will be counted as having resumed smoking.

Primary outcome of continuous smoking abstinence assessed at end of pregnancy
Those lost to follow-up (n=approximately 43) will be counted as having resumed smoking.

Analysed (n=433)