Survey and Trial

Letters to all parents with a leaflet explaining the study with opt out for the survey/study.

Written opt-out letter

Young people are told that the survey is voluntary by their teacher/on the front cover of the questionnaire.

They also have the option to not complete all/part of the questionnaire or to complete it anonymously. This process will be repeated at 6 and 12 month follow-up.

Verbal – teacher

Written – questionnaire

Survey

Students who score positive on the questionnaire (screening tool) have the study explained to them; given the opportunity to read the information leaflet again; told it is voluntary and, if they agree to take part, asked to complete the participant consent form.

Written participant consent form (student)

Trial

Students randomised to the Level 2 intervention are asked if they agree for the researchers to contact their parents and, if they agree, parents will be contacted and asked to consent.

Written participant consent form (student)

Written participant consent form (parents)

Qualitative Evaluation

Following the intervention, a purposive subset of students, parents and school staff will be given an additional information leaflet and asked to take part in an interview exploring factors that potentially hinder or enhance the use of screening and brief intervention approaches in the school setting.

Additional written consent form (students, parents and members of staff)