Visit 1 - Visit 10

Phase

Screening

Informed Consent

Randomization

Oriental Music Therapy, n=24
Control Music Therapy, n=24

STAI, HBS, CES-D, WHOQOL-BREF, H-VAS

Visit

Day 0  Day 4  Day 8  Day 11  Day 15  Day 18  Day 22  Day 25  Day 53

Treatment (8 sessions, 2 sessions/week)

Follow-up

Scales

Salivary Cortisol Sampling (8 A.M. 5 P.M., before the session)

Cortisol Sampling (8 A.M. 5 P.M., before the session)