Figure 1: CONSORT Diagram of study design

Assessed for eligibility
- >21
- Owns a mobile phone and can read text messages
- On HAART ≥ 1 month

Target enrolment = 198
(Taking into account a 20% attrition)

Enrolment

Exclusion
- On HAART for < 1 month
- Doesn’t fulfill eligibility criteria
- Refuses to take part

Randomization

Intervention group
- Usual adherence counselling
- Weekly motivational text messages

Control group
- Usual adherence counselling
- No text messages

Baseline data collection
- Socio-demographic
- Clinical: WHO & CDC classification, OI, Wt, BMI
- Biological: CD4, Viral load
- Adherence
- Quality of life

Follow-up (3 months and 6 months)
- Clinical: OI, Wt, BMI
- Biological: CD4, Viral load
- Adherence
- Quality of life
- All cause mortality
- Retention

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