Recruit participating services (N = 30) & lay therapists (2-3 per centre)

Recruit service users (N = 180) 4-9 per centre

Baseline assessments, interviews (managers) and collection of health economic data

Randomise centres to either

Intervention Group (N = 15 centres, 90 service users)

Train lay therapists

Anger Management program 12 weekly sessions with fortnightly supervision by CP

Post treatment assessments, reports on participants, and interviews (therapists and service users)

6 month post treatment follow-up assessments, interviews (managers) and collection of health economic data

CP = Clinical Psychologist

Control Group (N=15 centres, 90 service users)

Participants receive support as usual

Post treatment assessments

6 month post treatment follow-up assessments, interviews (managers) and collection of health economic data

Train lay therapists

Anger Management program 12 weekly sessions with fortnightly supervision by CP

Post treatment assessments and reports on participants

Data Analysis/report writing

MREC Approval for multi-centre trial

Monitoring of treatment fidelity