Patients approached to take part
n=582
(Sheffield clinic, n=288; Liverpool mailout, n=250; Sheffield neuropsychologist mailout n=40; Sheffield MS nurses, n=4)

Responders
n=140 (24.1%)
(Sheffield clinic, n=63; Liverpool mailout, n=64; Sheffield neuropsychologist mailout n=9; Sheffield MS nurses, n=4)

Eligible
n=72 (12.4%)

Not eligible
n=68 (11.7%)
Reasons:
1) BDI too high (n=20)
2) BDI too low (n=41)
3) Under care of psychiatrist (n=5)
4) Not resident in participating PCT (n=2)

Refused consent
n=48 (8.2%)

Consent and randomised
n=24 (4.1%)

Allocated to TAU
n=12
Completed 8 weeks follow-up
n=12
Completed 21 weeks follow-up
n=8

Allocated to CCBT
n=12
Completed 8 weeks follow-up
n=9
Completed 21 weeks follow-up
n=10

Non-responders
n=442 (75.9%)