Community dwelling people with Parkinson’s Disease identified by hospital doctors, GPs, specialist nurses, Parkinson’s UK contacts, word of mouth, and given information about study. Separate information for family carers. Patients and carers opt into study.

Research nurse makes home visit to collect consent and baseline information from people with Parkinson’s and family carers.

Randomisation: n = 270 People with Parkinson’s; n = 213 Family carers

Allocated to Group A
n = 90 People with PD
n = 71 Family carers
6 weeks specialist rehabilitation

Assessment – 6 weeks

Allocated to Group B
n = 90 People with PD
n = 71 Family carers
6 weeks specialist rehabilitation and care assistant support

Care assistant support for 4 months

Assessment – 36 weeks

Allocated to Group
n = 90 People with PD
n = 71 Family carers
Usual care controls, given information pack

Assessment – 6 weeks

Assessment – 24 weeks

Assessment – 36 weeks