How to cool (2) for pilot feasibility and safety study of a simple, low cost method of whole body cooling in neonatal encephalopathy in the Special Care Baby Unit, Mulago Hospital, Kampala

If the baby’s admission rectal temperature is < 34 °C

- If rectal temp. is < 33.0 °C: add one sheet on baby and check temp. after 30’, do not start cooling with water bottles

If the rectal temp. stays < 33.0 °C, add one blanket on baby and check temp. again after 30’

- If the baby’s rectal temp. stays < 33.0 °C and the baby is naked: don’t start water bottles yet but check temp. in 30’ again

- If rectal temp. is now > 34, start cooling with water bottles and check temp. again after 30’

If baby’s rectal temp. is stable between 33.0-34.0 monitor temp. as in daily log and do not start cooling with water bottles yet

- Only once the baby’s temp. has reached > 34 °C when baby is naked with nappy only start cooling with water bottles