How to cool (1) for pilot feasibility and safety study of a simple, low cost method of whole body cooling in neonatal encephalopathy in the Special Care Baby Unit, Mulago Hospital, Kampala

If the baby’s rectal temperature is > 34 °C on admission

- Start cooling with water bottles and record temperature according to daily log

  - If rectal temp. is <33.0 °C: add sheet one at a time on baby and check temp. again after 30’
  - If rectal temp. stays <33.0 °C, add blanket on baby and check again temperature after 30’
  - If the baby’s rectal temp. stays <33.0 °C add a second blanket and check again Temp. after 30’
  - If baby’s rectal temp is <32.0 °C and the baby is covered with blankets, remove water bottles, check temp. after 30’

  - If rectal temp. is or remains > 34 °C at any point of time or is not decreasing:
    - If baby has no blankets or sheets on body: then change water in bottles and check temp. again after 30’
    - If baby is covered with blankets or sheets: start removing them one at the time and check rectal temp. again after 30’

  - If rectal temperature is decreasing: wait and monitor temperature