Figure 2 - The sequence of women's group activities. Meetings conducted on a monthly basis between May 2007 and April 2011 by 270 groups in 30 study clusters. Strategies initiated after meeting 10 in each cycle may be implemented continually while meetings on other topics are ongoing and also after the end of the intervention period.

Meeting Cycle 1: Maternal and Newborn Health

Meeting 1
Introduction and orientation

Meeting 2
Allocation of responsibilities within the group

Meeting 3
Why do women and babies die?

Meeting 4
What sort of diet would be healthy?

Meeting 8
Reviewing local resources

Meeting 7
Working on responses through games

Meeting 6
Responses to priority problems

Meeting 5
Choosing local priority problems

Meeting 9
Finalising plans for strategies

Meeting 10
Community meeting for strategies

Meetings 11-14
Implementation of strategies

Meetings 15-17
Evaluation of strategies

Meeting Cycle 2: Nutrition in pregnancy, postpartum and infancy

Meeting 1
Relationship of nutrition to maternal and child health

Meeting 2
Nutrition in pregnancy: problems

Meeting 3
Low Birth Weight babies: why and what risks?

Meeting 4
Nutrition in postpartum: problems

Meeting 8
Identifying local strategies to overcome problems

Meeting 7
Problem prioritisation

Meeting 6
Complementary feeding: what, when, how often?

Meeting 5
Breastfeeding: what to do or not do?

Meeting 9
Finalising plans for strategies / planning community meeting

Meeting 10
Community meeting for strategies

Meetings 11-14
Implementation of strategies

Meetings 15-17
Evaluation of strategies

May continue indefinitely