Baseline/Intake Visit 1 Mentored Participants & Controls (in person)
1. Informed Consent
2. Baseline self-report measures
3. Initial Qualitative Interview

Intervention Period: Mentored Participants (8 weeks)
1. 2 calls/week for first 2 weeks; 1 call/week for final 6 weeks
2. Weekly measures

Intervention Period: Controls (8 weeks)
1. Weekly measures

2 month follow-up: Mentored Participants
1. Self-report measures
2. Post-Intervention Qualitative Interview

2 month follow-up: Controls
1. Self-report measures
2. Post-Intervention Qualitative Interview

4 month follow-up: Mentored Participants and Controls
1. Self-report measures