Hypertension stage 1 or 2
30-59 y

If treated stop drugs

Run-in

5 parallel groups
Crossover with balanced randomization

Time scale:

Weeks
-4 -2 0 +2 +5 +7 +10

Visits
V₁ V₂ V₃

V₄ V₅ V₆ V₇

Placebo
Rostafuroxin

0.05 mg/d
0.15 mg/d
0.5 mg/d
1.5 mg/d
5.0 mg/d