Successful recruitment

Screening

Exclusion:
1) not willing to sign IC
2) > low suicidal risk

T₀ Assessment I - Baseline

Randomization

Experimental group
AOC TR*

Wait-list group*

Week 1            Start treatment            Wait-list

Week 6-8 – T₁    Assessment II – Post-treatment    Assessment II – Post-treatment (control group)

4 Months – T₂    Assessment III – Follow-up    Assessment III – Follow-up (control group)

* in language of preference

Start treatment
AOC TR*