Patients from three ongoing studies at the Department of Psychiatry, Rigshospitalet, Denmark giving permission for their adult siblings or children to be contacted (n)

First-degree relatives assessed for eligibility (n)

Enrollment

Excluded
- Not meeting inclusion criteria (n)
- Refused to participate (n)

Meeting exclusion criteria
- Pregnancy or breastfeeding (n)
- Somatical illness (n)
- Psychiatric disease (n)
- Actual abuse of psychoactive drugs (n)

Randomization (n)

Allocated to escitalopram 10 mg (n)
Received allocated intervention (n)
Did not receive allocated intervention (n)
Reasons:

Lost to follow-up (n)
Reasons:
- Discontinued intervention (n)
Reasons:

Allocated to placebo (n)
Received allocated intervention (n)
Did not receive allocated intervention (n)
Reasons:

Allocation

Follow-Up

Lost to follow-up (n)
Give reasons
- Discontinued intervention (n)
Reasons:

Analysis

Analyzed (n)
Excluded from analysis (n)
Reasons: