Figure 1: Flow of papers through the systematic review

Titles & abstracts screened (n=579)

Exclusions (n=405)
Reasons:
- Not RCT (n=308)
- Short report (n=80)
- Cluster RCTs (n=13)
- Secondary/interim report (n=1)
- Phase I or II trials (n=3)

Full articles screened (n=174)

Exclusions (n=41)
Reasons:
- Not RCT (n=8)
- Short report (n=4)
- Cluster RCTs (n=1)
- Secondary/interim report (n=14)
- Phase I or II trials (n=8)
- Medical education trials (n=4)
- Consent not gained pre-randomisation (n=2)

Total included n=133