37,313 papers yielded from the initial search

34,176 were excluded. Of them, some were case report, allocated the participants by “randomly sample”, animal studies, non-RCTs, not controlled studies, etc.

3,137 articles mentioned “randomly allocation”

83 articles were published with more than two versions

3,054 authors were selected to be interviewed

735 authors could not be connected

2,319 authors were selected to be interviewed

84 authors refused to answer

2,235 authors were selected to be interviewed

207 were recognised as authentic RCTs