Pubmed search
n = 1801 citations

Excluded according to inclusion/exclusion criteria after reading abstracts
n = 1529

Potentially relevant publications from PubMed
n = 272

Potentially relevant publications
n = 316

Additions from search of Cochrane Library
n = 44

Included RCT reports
n = 137

Excluded after reading full article n = 149
Not available n = 30

First or main RCT reports
n = 115