Figure 2

Adjustment Disorders
Diagnostic Criteria from DSM-IV TR (APA 2000)

A. The development of emotional or behavioural symptoms in response to an identifiable stressor(s) occurring within 3 months of the onset of the stressor(s)

B. These symptoms or behaviours are clinically significant as evidenced by either of the following:
   1- marked distress that is in excess of what would be expected from exposure to the stressor
   2- significant impairment in social or occupational (academic) functioning

C. The stress-related disturbance does not meet the criteria for another specific Axis I disorder and is not merely an exacerbation of a pre-existing Axis I or Axis II disorder.

D. The symptoms do not represent Bereavement

E. Once the stressor (or its consequences) has terminated, the symptoms do not persist for more than an additional six month

Specify if:
Acute (less than six months)
Chronic (longer than six months in response to a chronic stressor or to a stressor that has enduring consequences)

Adjustment Disorder are coded according to the subtype that best characterizes the predominant symptoms:
309.0 with Depressed Mood
309.24 with Anxiety
309.28 with Mixed Anxiety and Depressed Mood
309.3 with Disturbance of Conduct
309.4 with Mixed Disturbance of Emotions and Conduct
309.9 Unspecified