Panel A is a repeat of Fig 3 from the paper, and Panel B is the PCA scores and loadings plot of raw, unscaled/untransformed leptin, insulin and glucose data. In both high and low GI meal challenge responses, the distribution of the subjects in the scores plot appears to be dominated by the fact that the circulating concentration of leptin is very different from glucose and insulin. The scores plot using raw data in B does not afford a clear stratification of subjects, as opposed to panel A which uses nadir adjusted range scaled data where three clusters appear.