Assessed for eligibility (n=159)

- Excluded (n=109)
  - Not meeting inclusion criteria (n=105)
  - Declined to participate (n=3)
  - Other reasons (n=1, enrolment closed)

Randomized (n=50)

- Allocation
  - Allocated to PLACEBO (n=17)
  - Allocated to 3g/d BBG (n=16)
  - Allocated to 6g/d BBG (n=17)

Follow-Up

- Withdrawn (n=3)
  - Began weight loss
  - Withdrew consent
  - Hx of Muscular Dystrophy

- Withdrawn (n=1)
  - Missing End of Study measures

- Withdrawn (n=2)
  - Lost to follow-up
  - Began new lipid treatment

Analysis

- Available for analysis (n=14)
- Available for analysis (n=15)
- Available for analysis (n=15)