Enrollment

Assessed for eligibility (n>100)
Baseline interview either on the phone or personally

Enrolled in study (n=16)

Allocation

Allocated to dietary intervention (n=16)
• Received dietary intervention for at least 4 weeks (n=13)
• Did not receive dietary intervention (give reasons) (n=3)
  n=2: unable to stick to diet
  n=1: death from progressive disease after 2 weeks

Follow-Up

• Received dietary intervention for the complete duration of the study (n=5)
• Discontinued intervention (n=8)
  n=1: unable to stick to diet
  n=6: progressive disease
  n=1: death from progressive disease

Analysis

• Analysed if dietary intervention lasted for at least 8 weeks and if EORTC-QLQ C30 was completed for at least 8 weeks (n=7)
• Excluded from analysis (n=9)
  n=8 intervention discontinued early
  n=1 EORTC-QLQ C30 not completed

Excluded (>80%)
• Not meeting inclusion criteria (65%)
  Currently receiving chemotherapy or no measurable tumor lesions
• Refusal to participate (10%)
  Changes in lifestyle considered too radical
• Other reasons (5%)
  personal problems
  too expensive
  not the right time for a change in lifestyle