US Food Commodity List [27]

Identify Potential Fructose-containing Commodities from the List (such as fruits, vegetables, honey, sugars, etc.)

Using Nutrient Database SR20 [28], Define Fructose Content for the Commodities Directly or Indirectly

Using EPA Food Commodity Composition Database [27], Identify Fructose-Containing Food

Using USDA Sweetener Data [29] and EPA Food Commodity Composition Database [27], Differentiate Fructose Sources

Merge the Fructose Content Values into NHANES 1999-2004 Food Intake Data Set

Calculate Fructose Intakes for the Individuals Studied