A. Change in Body Weight (kg) vs. Change in Percent Fat (%)
   - $r = 0.56$
   - $P < 0.0001$

B. Change in Body Weight (kg) vs. Change in Fat Mass (kg)
   - $r = 0.76$
   - $P < 0.0001$

C. Change in Body Weight (kg) vs. Change in Fat Free Mass (kg)
   - $r = 0.33$
   - $P = 0.002$

D. Change in Body Weight (kg) vs. Change in Trunk Fat Mass (kg)
   - $r = 0.67$
   - $P < 0.0001$