Consecutive patients with shoulder pain screened for eligibility by research assistant (n = 211)

excluded (n=123)
primary frozen shoulder (n=20), bilateral shoulder pain (n=26)
post-traumatic (n=8), post-surgical (n=5), consultation (n=30)
<18 years (n=3), >65 years (n=8), duration of complaints < 6 months (n=8), reason unclear (n=15)

declined to participate (n=13)

Eligible subjects (n= 75)

Excluded after physical examination, because of signs and symptoms of primary frozen shoulder (n=2) or severe language problems (n=1)

RANDOMIZED (n= 72)

allocated to physical therapy treatment (n=37)
withdrawals (n=0)
developed primary frozen shoulder (n=2) or cervical radiculopathy (n=1)
intention to treat analyses for primary and secondary outcomes (n=34)

allocated to waiting list (n=35)
withdrawals (n=3)
developed primary frozen shoulder (n=1)
intention to treat analyses for primary and secondary outcomes (n=31)