Fig. 10: Comparison of MI interventions with different MI focus

- Motor focus (ο)
- Strength focus
- Cognitive focus (∇)
- Trend analysis (♦)

A. Frequencies [%]

B. Study duration

C. MI intervention duration

D. Total MITS count

E. MITS per week

F. MI trials per MITS

- MI trials per MITS
- MITS duration
- Total MI time

- SD 88
- SD 348