Figure 1: Frequency of identified risk predictors in the final prediction models

* Other risk predictors appearing no more than twice in the final model: (1) white blood cell count, (2) dyslipidaemia, (3) adiponectin, (4) C-reactive protein, (5) ferritin, (6) interleukin-2 receptor A, (7) insulin, (8) glucose, (9) vegetable consumption, (10) frequent thirst, (11) pain during walking, (12) shortness of breath, (13) reluctance to use bicycle, (14) total cholesterol, (15) intake of red meat, (16) intake of whole-grain bread, (17) coffee consumption, (18) educational level, (19) postprandial time, (20) non-coronary artery disease medication, (21) acarbose treatment, (22) hypercholesterolemia, (23) periodontal disease, (24) RCT group [1-24 all appear only once], (25) alcohol consumption (26) resting heart rate, (27) weight, (28) social deprivation [25-28 appear twice]

Abbreviations: WHR = waist-to-hip ratio; HDL = High density lipoprotein; GDB = Gestational diabetes