Genetics

Lifestyle Critical

Hormonal changes

Androgens

Insulin Metformin

Ovarian follicles/anovulation

Diabetes

Hirsuitism/acne

Menstrual disturbances

Cardiovascular disease

Lifestyle/OCP/anti-A

Lifestyle/MF/OCP/+-Clomiphene

Lifestyle/MF monitoring

anti-A — antiandrogens

MF — metformin

OCP — oral contraceptive pill