Assessed for eligibility (n = 29)

Excluded (n = 16)
- Not meeting inclusion criteria (n = 8)
  - No CMT1A (n = 4)
  - Already ascorbic acid (n = 4)
- Refused to participate (n = 8)

Randomised (n = 13)

Allocated to placebo
- (n = 7)
- Received allocated intervention
  - (n = 7)

Allocated to ascorbic acid
- (n = 6)
- Received allocated intervention
  - (n = 6)

Analysis

- Analysed (n = 6)

Follow-up

- Lost to follow-up (n = 0)
- Discontinued intervention (n = 1)
  - Pregnancy wish shortly after start of study medication

- Analysed (n = 5)

Allocation

- Lost to follow-up (n = 0)
- Discontinued intervention (n = 1)
  - Rash after intake of medication