**Predisposed individuals**
- Female [16]
- Overactive [19]
- Prior psych disorder [16]
- Personality factors [22]
- Early childhood illness [23]
- Increased use of doctors [33]

**Triggering event**
- Viral infection [24]
  - Stress [22]
  - Other

**Maintaining factors**
- Prolonged bed rest [25]
- Boom & bust activity [27, 28]
- Biological changes [32, 34]