Multiple, less well defined triggers
- Infections (chronic, recurrent, etc)
- Bacterial translocation
- IBD, CVD
- Ankylosing spondylitis
- Biliary cirrhosis
- SLE, RA, PsA, Sjogren
- Cancer (breast CA)
- Stroke, PD, MS
- Hemodialysis
- IFNα-immunotherapy
- Postpartum period
- Psychological stressors

Acute triggers
- Acute infection
- Tissue injury

Acute or insidious onset
Waxing and waning
Chronic
Depressive episodes
PROGRESSIVE COURSE

ME/cfs
Symptomatic overlap
Sickness behaviour
Acute onset
ACUTE ADAPTIVE RESPONSE

Predisposing factors: genetic polymorphisms in cytokine, HLA and DISC1 genes, lowered ω3/ω6 ratio, IgG subclass deficiencies, lower vitamin D