Enrollment

Declined to participate
- Unavailable during following month: 174
- Does not want iron treatment: 5
- Afraid not to be compliant: 2
- No reasons given: 213

Did not meet inclusion criteria
- Could not give blood: 8
- Already under iron: 4
- Known intolerance to iron: 2

Assessed for eligibility one week after donation
n = 303

Randomized
n = 154

Allocation

FeSO4
- Allocated to intervention: 78

Placebo
- Allocated to intervention: 76

Follow-up

Lost to follow-up
- Constipation: 1
- Withdrew consent: 1
- Did not show up: 2

FeSO4
- Ended study
  - Per protocol: 69
  - Discontinued intervention: 5

Placebo
- Ended study
  - Per protocol: 69
  - Discontinued intervention: 2

Analysis

FeSO4
- Analyzed
  - n = 74

Placebo
- Analyzed
  - n = 71

Lost to follow-up
- Difficult family situation: 1
- Abroad: 1
- Unknown: 1
- Did not show up: 2

Excluded
None

n = 0