Initial Search n=1383
Bibliographic databases (OVID, Cinahl, Scopus, Medline) n=83
Trial repositories n=0
Search engines n= 1,300

Excluded studies n=1370
(e.g. failed to meet inclusion criteria, not relevant to the topic, reviews, articles on other diseases, reference list)

Articles reviewed for potential inclusion
n=13

Excluded studies n=6
1 = Same study identified through previous search strategies
2 = No depression/mood/distress outcomes
1 = Dietary not drug lipid lowering treatment
1 = No participants assigned to control group
1 = Treatment and placebo groups remained de-identified

Articles meeting all inclusion criteria
(included in review and meta-analysis)
n= 7