Frame

DL Subframe

UL Subframe

DL-PHY PDU

Contention-initial ranging

Contention bandwidth request

UL-PHY PDU from SS #1

UL-PHY PDU from SS #2

Preamble

FCH

DL burst #1

DL burst #2

Preamble

UL burst

MAC PDUs

MAC PDUs

PAD

MAC Header

MAC Payload

CRC

DL-MAP, UL-MAP, DCD, UCD

MAC PDUs

DLFP