Fig. 1: Changes in liver (A) and gastrocnemius muscle (white and red) (B) NADH concentrations during rest, after exercise, and recovery. The data were analyzed using two-way ANOVA followed by Tukey’s multiple comparisons test. CON: control group; SP: treatment group. *p < 0.05, **p < 0.01, ***p < 0.001 compared to CON, #p < 0.05, $p < 0.01 compared to SP.