**Psychological Factors**

*Cognitive/Affective*
- Child temperament, parent/child mental health and/or stress, affect and emotional lability, sleep and parenting beliefs, racing thoughts or difficulty ‘shutting mind off’, maladaptive thoughts/negative attributions

*Behavioural*
- Family conflict and general parenting, sleep specific parenting behaviours/strategies, child sleep habits and routines, self soothing/self calming, sleep environment and associations

*Medical/Disease-related behaviours*
- Changes in routines due to medical care and/or hospitalization, increased oppositional behaviours secondary to medications

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**Socio-Cultural Factors**

- Family structure, parental education, socioeconomic status, ethnicity, child sex, cultural beliefs

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**Physiological or Disease-related Factors**

*General physiological*
- Arousal, hormonal, metabolic, neuroendocrine functioning

*Disease-related*
- Effects of medication/treatment, effects of illness (e.g., difficulty breathing, increased arousal)

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**Sleep Outcomes**

- **Poor Sleep Quality**
  - Trouble sleeping, sleep apnea, nightmares, Restless Leg Syndrome, Periodic Limb Movement Disorder

- **Poor Sleep Quantity**
  - Difficulty falling asleep, awakenings

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**Negative Physical and Psychological Outcomes**

- Sleepiness and fatigue; poorer social and academic functioning; poorer quality of life, mental health; poorer coping; emotional and behavioural problems; increased pain, susceptibility to illness

*Note: *Not an outcome examined in the proposed systematic review*