Recruit Stakeholders:
- School District Wellness Committee/School Board/Nutrition Services Director/
  Superintendent/Parents/Community Groups

Baseline Environmental Audit

Engage Stakeholders to Create Change/Improvement Strategy
1. Create specific and measurable aims
2. Create time sensitive measures (outcome, process, and “balance”)
3. Determine key changes that would result in improvement (change strategy)

Plan-Do-Study-Act (PDSA) Cycles
1. Assemble a small change team
3. Do: implement change strategy
4. Study: collect process, outcome, balance data
5. Act: decide what to do with results of cycle

Summative Findings
1. Barriers
2. Solutions
3. Processes
4. Sustainability

Possible PDSA Cycle Outcomes
1. Try another PDSA cycle with more people, locations, change strategies
2. Can do multiple PDSA cycles in parallel with different Aims